

Bottle Sterilisation



Tablets 8's/32's

- ♥ Trusted by hospitals, midwives and parents
- ♥ Gentle, effective protection for your baby and family
- ♥ Helps eliminate 99.9% of bacteria and fungi
- ♥ No electricity or heat needed
- ♥ Kind to feeding equipment

Liquid 500ml/1L

- ♥ No need to rinse
- ♥ Solution remains effective for up to 24 hours
- ♥ SABS approved
- ♥ Convenient on-the-go format, ideal for travel
- ♥ Ready in 30 minutes
- ♥ Fast-acting sterilisation in just 15 minutes

Unit + Liquid 200ml

Home & Personal Care

Spray 500ml

- ♥ Gently yet effectively eliminates 99.9% of germs
- ♥ Cleans and disinfects in one easy step
- ♥ Leaves a fresh, clean fragrance
- ♥ Suitable for everyday use across multiple sealed surfaces, including fabric and sealed wood.



Handwash 300ml

- ♥ Gentle on skin with germ protect
- ♥ Dermatologically tested for peace of mind
- ♥ pH balanced to care for delicate skin
- ♥ Perfect for everyday family use



Need help?

For further information, please contact the Amka Consumer Care Line on 0860 002 652 or the Consumer Relations WhatsApp number on 060 996 6087. Alternatively, visit www.amka.co.za.

Milton

How do I
protect my baby
from germs?

Sterilising solutions
for baby & home

Gentle, effective
hygiene for everyday
peace of mind, because
your baby's world
should be safe, clean,
and cared for.

For over 100 years, Milton has been caring for what matters most, your baby. Trusted by hospitals, midwives, and parents since 1916, it has become a gentle yet reliable partner in everyday protection.

With over 101 uses, Milton supports you through every stage, from sterilising bottles to keeping surfaces and baby's world clean and safe. Thoughtfully combining science with care, it offers simple, effective hygiene solutions you can trust, both at home and beyond.

Protecting what's
precious, for generations.

- ♥ Sterilising
- ♥ Home Care
- ♥ Personal Care

Protecting what's precious for over 100 years.

Why should I sterilise?

During your baby's first 12 months, their immune system is still developing. This makes them more vulnerable to germs than older children or adults.

Without proper sterilisation, this can lead to infections such as:

- ♥ tummy upsets
- ♥ gastroenteritis
- ♥ oral thrush

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The Milton Method:

Fast, safe & easy

A simple, reliable way to keep your baby's essentials hygienically clean, every day.

What should I sterilise?

Anything that goes into your baby's mouth, including:

- ♥ Baby bottles and teats
- ♥ Breastfeeding equipment
- ♥ Dummies and teething rings
- ♥ Small plastic toys and weaning items

Milton Sterilising Range

- ♥ Surface spray
- ♥ Sterilising handwash
- ♥ Sterilising fluid and Sterilising tablets
- ♥ Sterilising unit

No.1 for travel

How to use



1 Clean

Wash baby items in warm, soapy water, then rinse thoroughly with cold water.



2 Prepare solution

Use Milton Sterilising Unit or a non-Metallic container. Fill the unit with cold water. Add 12,5 ml of Milton to every litre of water. Half of capful of Milton = 12,5ml.



3 Add items

Submerge items fully, lose the lid, and leave for 15 minutes.

- ♥ Ready when you are
- ♥ No need to rinse
- ♥ Items can stay in the solution until needed
- ♥ Renew solution every 24 hours

NOTE: Make a new Milton solution every 24 hours. Do not leave solution in direct sunlight.